



**BUY IN
BULK
AND SAVE**

HEALTHWIZE

NATURAL PRODUCTS

Healthy Stuff @ Healthy Prices

PRODUCT LIST

ORDER FORM

May 2018

PRODUCT	PRICE	QTY COST
APPLE CIDER VINEGAR - raw, organic, unfiltered & with "the mother" <i>an excellent digestive aid, general health tonic & pH balancer</i>		
500ml in glass bottle	77	
CLAY POWDER (Calcium Bentonite) <i>an ancient remedy used for internal detoxification, skin & wound healing and facial masks</i>		
150g clay powder in tub	75	
300g clay powder in zip lock pouch	115	
600g clay powder in zip lock pouch	185	
1kg clay powder in zip lock bag	280	
See packaging options below should you like to order a container for your clay		
100ml spray bottle (<i>this is great for spritzing water when applying a mask or poultice</i>)	10	
EPSOM SALTS (Magnesium Sulphate) <i>detox, de-stress, raise magnesium levels, anti-inflammatory - eases pain</i>		
1kg in zip lock pouch	35	
1kg in tub	40	
2.5kg in zip lock bag	60	
7.5kg (3 x 2.5kg bags @ R55 each)	165	
3kg in large glass jar	100	
ESSENTIAL OILS by S O I L - pure, organic <i>.....just a few of the basic essential oils that are handy to have in the home</i>		
Citronella 10ml	45	
Eucalyptus 10ml	35	
Lavender 10ml	80	
Lemon 10ml	45	
Lemongrass 10ml	40	
Lemon tea tree 10ml	45	
Sweet orange 10ml	30	
Tea tree 10ml	40	
HIMALAYAN COARSE CRYSTAL SALT <i>rich in minerals & trace elements that we all so desperately need more of</i>		
500g coarse cystals in bag	30	
1.2kg coarse crystals in zip lock pouch	70	
1.2kg coarse crystals in glass jar	75	
3kg coarse crystals in zip lock bag	145	
1LT glass jar to store salt (accomodates 1.2kg of salt)	15	
100ml clear salt grinder	12	
HONEY - pure, raw, unheated, unfiltered honey		
1kg glass jar - fynbos or eucalyptus	140	
HYDROGEN PEROXIDE - 35% FOOD GRADE - H2O2; breaks down into oxygen & water <i>powerful oxidiser & sanitiser for personal care and home use - but precautions apply: please see mixing instructions & safety precautions on website</i>		

150ml in plastic bottle	90
500ml in plastic bottle	140
1LT in plastic bottle	190
Buy 3 or more and pay R 130 per 1LT bottle	150
Buy 5 or more and pay R 100 per 1LT bottle	120
KELP POWDER - Ecklonia Maxima	
<i>rich in minerals & trace elements, especially iodine</i>	
120g tub	60
120g in zip lock pouch	55
250g in zip lock pouch	100
MAGNESIUM SPRAY (AKA MAGNESIUM OIL) - highly absorbable form of magnesium	
<i>topical application of magnesium is very effective in raising magnesium levels as well as providing pain relief when applied to affected areas</i>	
200ml magnesium spray	80
200ml magnesium spray x 2	145
1litre in bottle (no spray attachment)	220
200ml spray bottle	10
MINERAL BATH - sea salt & epsoms salt blend. Just add your own essential oils or dried herbs	
<i>use in your bath or foot bath to soothe tired feet/ body whilst absorbing minerals</i>	
1.2kg in zip lock pouch	40
1.2kg in tub	45
3kg in zip lock bag	75
7.5kg (3 x 2.5kg bags @ R 65 each)	195
3.2kg in large glass jar	110
MSM POWDER - OptiMSM - purest available form	PRE-ORDER ITEM
<i>provides 34% bioavailable sulphur - anti-inflammatory, injury healer and tissue regeneration</i>	
200g MSM powder in tub	140
400g MSM powder in zip lock pouch	240
400g MSM powder in tub	250
1kg MSM powder in zip lock bag	500
SEA SALT - unrefined, pure, non-iodated, mineral-rich, coarse (2mm) sea salt	
<i>use on food and in cooking, for household use and for regular or sitz baths</i>	
1kg in zip lock pouch	35
3kg in zip lock bag	65
9kg (3 x 3kg bags @ R 55 each)	180
1LT glass jar to store salt (<i>accommodates 1.2kg of salt</i>)	15
SODIUM BICARBONATE - food-grade	
<i>use as a general household cleaning agent</i>	
1.2kg in zip lock bag	40
3kg in zip lock bag	70
6kg (2 x 3kg) in zip lock bag	130
2LT (small) tub to store your bicarb	12
5LT (large) tub to store your bicarb	20
Scoop (1 heaped scoop = 1/2 cup)	3
Sodium Bicarbonate 25kg bag **	400
You will need a 25LT bucket to store the 25kg bicarb in which you can get from Plastics For Africa	
VINEGAR - white spirit vinegar for household cleaning	WHEN AVAILABLE
5LT white vinegar	60
VITAMIN C POWDERS - pure, no additives, GMO-free	PRE-ORDER ITEM
Please note:	
<i>Unfortunately world wide shortages on vitamin C starting around August last year has resulted in some steep price increases and an inconsistent supply. My supplier has also had a change in operations and systems which has resulted in longer lead times on products, particularly if dispatch is from JHB.</i>	
<i>I am therefore supplying vitamin C on a pre-order basis. Should you wish to be kept in the loop, please mail me and I will add you to the vitamin C ordering group / mailer.</i>	
ASCORBIC ACID	
1kg vitamin C powder in zip lock bag	600

SODIUM ASCORBATE - most bioavailable form and is retained longer in the body

200g vitamin C powder in zip lock pouch	220
500g vitamin C powder in zip lock pouch	390
1kg vitamin C powder in zip lock bag **	650

WASHING SODA (SODIUM CARBONATE / LIGHT SODA ASH)

powerful general cleaner - we use it for laundry and in the dishwasher along with citric acid

3kg in zip lock bag	90
6kg (2 x 3kg) in zip lock bags	160

BOTTLES, JARS & TUBS FOR YOUR BULK PRODUCTS

1LT glass jar with gold metal lid	15	0
3LT glass jar with white metal lid	30	0
250ml tub with screw on lid (white)	8	0
500ml tub with screw on lid (white)	10	0
2LT tub with lid (white)	12	0
5LT tub with lid (white)	20	0
750ml Addis spray bottle	18	0

TOTAL UNITS & COST: