

Healthwize Natural Organic Products

~ Jan / Feb 2012 ~

AMORGANIC PRODUCTS		Glyconutrients / Immune boosters / Stress relief		
Fulvic acid liquid	antioxidant & detoxifier	500ml	95.00	
Fulvic acid liquid	antioxidant & detoxifier	2 litres	300.00	
L-Theanine spray	anxiety remedy	15ml	80.00	
RELAX - Regular	magnolia bark extract (tincture)	50ml	75.00	
RELAX - Vata Pacifier	vata pacifier (tincture)	50ml	75.00	
Contains: <i>Passiflora, Valerian, Avena Sativa, Scutellaria, Withania, Lavender, Magnolia, Orange blossom</i>				
Sceletium tincture	mood enhancer, natural antidepressant	50ml	100.00	
Winter throat spray	potent herbal infection fighter	20ml	75.00	
Contains: <i>Myrrh, African Ginger, African Potato, Echinacea, Sage, Golden Seal, Tea Tree, Peppermint</i>				
Roll-on deodorant - sandalwood, rose, jasmine, tea tree, lavender or unperfumed		50ml	50.00	
CREDE NATURAL OILS	Natural & organic food oils	250ml	500ml	1 litre
Coconut oil - regular	the most stable oil for cooking	55.00	85.00	125.00
Coconut oil - odourless	tasteless and odourless	-	55.00	75.00
Flaxseed oil	vegetable source of omega 3 & 6	55.00	85.00	-
Hemp oil	has the ideal balance of EFA's	65.00	95.00	-
Olive oil	rich in antioxidant polyphenols	60.00	90.00	135.00
Omega 3.6.9 organic blend	balanced blend of fatty acids (2:1:1)	70.00	120.00	-
Sesame oil	a good oil for stir frying	70.00	-	-
All oils listed are organic. Visit the Crede Oils website for more product info: www.credeoils.com				
ENCHANTRIX	Household . Body . Pet	250ml	500ml	1 litre
Baby wash	lovely fragrance and lathers well	45.00	65.00	-
Babies bum bam	great as a massage balm too!	100ml =	50.00	-
Kids bubble bath	contains no nasty chemical irritants	45.00	65.00	-
Family shampoo	mild & gentle shampoo for all hair types	40.00	60.00	-
Pet shampoo	gentle and non-irritating	-	50.00	-
Clean-it-all	concentrated all purpose cleaner	-	45.00	70.00
Germ buster	effective but safe steriliser	-	45.00	70.00
Laundry liquid	eco-friendly laundry liquid	-	45.00	70.00
Laundry softener	eco-friendly laundry liquid	-	45.00	70.00
ECO-FRIENDLY TOILET PAPER			1-2 pk	3 + pks
Toilet paper 1-ply	9 rolls per pack		33.00	30.00
Toilet paper 2-ply	9 rolls per pack		45.00	42.00
GAETHE COLLECTION				
Lavender and neroli room mist	Beautifully fragranced natural air freshener		250ml	30.00
HEALTHWAY NATURAL PRODUCTS				
Ionic detox therapy powder	75% calcium montmorrillonite, 25% zeolites		600ml	300.00
Ionic detox therapy capsules	as above but in capsule form		90 caps	120.00
Clay & rooibos soap bar	no fragrance, ideal for problem skin		200g	22.00
Clay & tea tree soap bar	ideal for acne, pimples & greasy skin		160g	22.00
THE REAL THING		Affordable, quality organic health supplements		
January special: buy two or more products and get an additional R 5.00 off per product				
Wheat grass powder	whole-leaf powdered green nutrition		200g	120.00
Barley grass powder	whole-leaf powdered green nutrition		200g	120.00
Barley grass juice powder	juice powder for more concentrated green nutrition		150g	120.00
Green power	blend of land grasses and sea vegetables		150g	105.00
Green power tablets	as above but in tablet form		150 tabs	105.00
Mega omega supreme capsules	omega 3's from concentrated, purified fish oil		60 caps	105.00
Mega omega lemon liquid	omega 3's from concentrated, purified fish oil		200ml	105.00
Mega omega natural liquid	omega 3's from concentrated, purified fish oil		200ml	105.00
Mega omega 3+6+9 capsules	blend of omega 3, 6 & 9 to cover all bases		60 caps	110.00
Chlorella	potent heavy metal detoxifier		500 tabs	135.00

Chlorella growth factor	heavy metal detoxifier, energy & immune booster	45g	150.00	
Cilantro	Intracellular heavy metal removal	20ml	130.00	
Medicinal mushrooms	infection fighter, immune & energy booster	80g	150.00	
Medicinal mushrooms	infection fighter, immune & energy booster	60 caps	115.00	
Anti-X	potent antioxidant & anti-inflammatory	60 caps	145.00	
Joint revolution	eases joint pain/promotes connective tissue repair	120 tabs	155.00	
MSM-body powder	arthritis aid, energy booster, tissue repair	240g	115.00	
MSM-body tablets	arthritis aid, energy booster, tissue repair	120 tabs	100.00	
Ester-C combo	vitamin C, bioflavonoids, spirulina, selenium, kelp	120 tabs	105.00	
Ester-C	esterified vitamin C & citrus bioflavonoids	60 tabs	90.00	
Zeolites	pure crystalline zeolite for effective toxin removal	300g	105.00	
PRO-probiotic	high strength prebiotic and probiotic	30 caps	135.00	
PRO-protein powder	for connective tissue & cartilage repair	180g	140.00	
ALLI-Biotic Caps	allicin extract to treat internal & external infection	60 caps	140.00	
Bone revolution 1	plant-based calcium & mineral supplement	120 tabs	105.00	
Bone revolution 2	100% natural strontium for bone building	90 tabs	90.00	
Ecklonia Cava	potent antioxidant with numerous health benefits	80 tabs	155.00	
SOARING FREE SUPERFOODS	Take your health to the next level	100g	200g	1kg
Chia seeds	20% protein, 40% fibre, rich in omega 3's	-	47.00	185.00
Raw cacao powder	raw, powdered cacao beans	-	73.00	280.00
Raw cacao nibs	crushed, raw cacao beans	-	83.00	320.00
Raw cacao beans	super rich in antioxidant flavonols	-	83.00	320.00
Raw cacao butter	from cold pressed cacao beans	-	90.00	380.00
Raw cacao paste	ideal for making raw chocolates	-	78.00	310.00
Maca powder	energy and immunity enhancer	-	83.00	305.00
Hemp protein powder	rich in amino acids & fatty acids	-	45.00	130.00
Spirulina powder	multi-nutrient superfood	-	90.00	380.00
Spirulina tablets	multi-nutrient superfood (333 x 300mg)	75.00	-	290.00
Baobab fruit powder	rich in calcium and antioxidants	-	75.00	295.00
Camu Camu berry powder	richest food source of vitamin C	130.00	-	625.00
Lucuma powder	rich in beta carotene, niacin & vit. C	-	90.00	390.00
OTHER SOARING FREE PRODUCTS				
Nut milk bags (each)		each	80.00	-
Stainless steel water bottles	with spout attachment	800ml	150.00	-
RAWlicious DVD box	4-DISC SET	each	590.00	-
RAWlicious book	highly recommended	each	180.00	-
HEALTHWIZE NATURAL PRODUCTS - AFFORDABILITY AND SIMPLICITY				
<i>I specialise in the supply of supplements in bulk sizes which saves you money</i>				
HEALTHWIZE NUTRITIONAL OILS		60 caps	200 caps	500 caps
Cod liver oil capsules	550mg / VIT A 2500IU / VIT D 200IU	60.00	120.00	260.00
Evening primrose oil capsules	1000mg; GLA 88mg / VIT E 5IU	60.00	120.00	260.00
Salmon oil capsules	1000mg; EPA 180mg; DHA 120mg; VitE 10IU	60.00	120.00	260.00
HEALTHWIZE NUTRITIONAL SUPPLEMENTS		250g	500g	1kg
Beetroot juice powder	rich in betaine which is good for the liver	170.00	280.00	-
Coral calcium powder	easily absorbable & mineral rich	200.00	320.00	500.00
Kelp	rich in trace elements and minerals	60.00	-	-
Kelp - small pack available for a limited period = 100g / R 30.00				
L-Glutamine powder	gut healing, reduces sugar cravings	150.00	250.00	380.00
MSM powder	methyl-sulfonyl-methane; oxygenator			
MSM powder - small pack available for a limited period = 120g / R 60.00				
Vitamin C powder - buffered	calcium ascorbate - non acidic vit C	120.00	180.00	300.00
Vitamin C - small pack available for a limited period = 100g / R 50.00				
Vitamin C powder - regular	ascorbic acid - said to be more effective	100.00	170.00	290.00
HEALTHWIZE MAGNESIUM PRODUCTS		150ml	200ml	1 litre
Liquid magnesium oil spray	150ml or 200ml spray bottle or 1 litre refill	R 50.00	R 60.00	R 150.00
Epsom salts	for baths & foot baths	3kg	6kg	9kg

(Magnesium Sulphate)		R 45.00	R 70.00	R 95.00
HEALTHWIZE WHOLEFOOD CONCENTRATES		400g	1kg	2kg
Whey protein concentrate	80% protein, rich in glutamine & cysteine	120.00	250.00	440.00
<i>Delicious Whey Protein Concentrate from the Netherlands - made from the milk of free range cows - no additives</i>				
HEALTHWIZE DETOXIFIERS / ALKALISERS		250g	500g	1kg
Calcium bentonite clay powder	detoxifier for internal & external use	50.00	75.00	120.00
Calcium bentonite - small pack available for a limited period = 100g / R 25.00				
Sodium bicarbonate	alkaliser. pharmaceutical grade	20.00	35.00	50.00
HEALTHWIZE HOUSEHOLD PRODUCTS				
<i>With just a few simple items, you can safely and effectively clean and disinfect your house, wash, soften and whiten clothes, remove mould & run your dishwasher - in fact all your household tasks!</i>				
<i>You just need bicarb, vinegar, salt, lemon juice & hydrogen peroxide. Visit www.spotlessliving.info for more info</i>				
Sea salt - natural, non-iodiated	for household cleaning & bath salts		3kg	30.00
Sodium bicarbonate	for household cleaning & laundry		3kg	50.00
Hydrogen peroxide 3% / 10 vol	for household sanitizing. Not for internal use		1 litre	50.00
CONTAINERS & BOTTLES				
I supply bulk products in bags - paper bags for bicarb & epsom salts and ziplock bags for supplements and powders. The Superfoods are also supplied in boxed ziplock bags.				
If you don't have your own containers, you may like to buy a container once-off to decant into.				
250ml HDPE plastic tub with screw top lid - ideal for decanting supplements into			250ml	6.00
500ml HDPE plastic tub with screw top lid - ideal for decanting supplements into			500ml	6.00
5 litre plastic tub - ideal for decanting bicarb, salt and epsom salts into			5 litre	17.00
500ml spray bottle - ideal for decanting hydrogen peroxide and vinegar into			500ml	12.00
PACKAGING				

Packaging for all the billions of products and food stuffs on the market comes at a great cost to the environment and the consumer. The Healthwize approach is that of simplicity and affordability and therefore all Healthwize products are packaged in clearly marked ziplock bags. I sell 250ml & 500ml HDPE white tubs with lids and I suggest, unless you have other containers, that you purchase these once-off with the view to refill them with the same product the next that you order. They are white, so products are protected from light. Glass is my first choice but it is difficult to find suitably sized dark glass containers. The other great thing about the tubs is that they stack nicely on top of each other in the cupboard so they are "space friendly".

ORDERING INFORMATION

In order to offer you products at affordable prices I run my business efficiently and cost effectively. I do this by working on a monthly ordering system. All subscribers to my newsletters receive a monthly e-mail that includes an article, product feature, special offers and a reminder to order by the specified date, which is usually between the 25th - 28th of each month. Orders can be faxed or e-mailed. You can either use an order form or simply put details onto an e-mail or fax. Order forms usually accompany the price list and are also available for download from the website. When I receive your order, I will send an invoice upon which payment can be made into my account. Cash payments on delivery are also acceptable although bank transfers are preferable. Delivery / collection usually between the 5th - 7th of each month. I will advise on exact date via e-mail. Free delivery on orders over R 200.00 within the Fish Hoek Valley area. Postage option via the SA Post office also available - cost based on weight.

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Please feel free to contact me for any queries that you might have.

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